



Wellness Works

Employee Incentive Program Application

2024

Name: _____ Date: _____

Employer: _____ Department: _____

1. Indicate which track you prefer to enroll in for 2024.

_____ Track A – Reimbursement to Health Club (Receipt for paid membership required)*
**Your program may only offer Tracks B and C. Check with your Wellness Coordinator.*

_____ Track B – Incentive Awards that can be earned January through December 2024 are listed below.

150-point level – 9-inch Cooking Tongs, Insulated Zipper Tote Bag or
Silverware Set

300-point level – 20 oz. Stainless Steel Insulated Tumbler, Silicone Oven Mitt or
Muscle Massage Roller Stick

450-point level – 10-Pack Shopping Bags, Stretch Out Strap with Exercise Book or
RTIC Lunch Container

600-point level – Cargo Box, Backpack Cooler or Long Sleeve Hoodie (Sizes S to XXL)

_____ Track C – Wellness Experience Pass. Turn in your filled out logs for all four quarters of 2024
(switching from another track mid-year is not allowed) for your choice of one of the following:
Maine State Park Pass (pass holder and occupants of vehicle),
National Park Pass (pass holder only) or
Boothbay Harbor Botanical Gardens (pass holder and one guest)
These passes will be purchased and sent to participants in February 2025.

2. Do you have any suggestions for your worksite Wellness Program for this year? How can we help you achieve and maintain your health goals?

I understand that in order to earn reimbursement, incentives, or a pass, it is my responsibility to complete an Exercise/Point Log every three months and return it to my Wellness Coordinator.

Signed: _____ Date: _____

Wellness Coordinator: _____ Date: _____